



A PINCH OF SALT

St. Andrew's Lutheran Times

March 5- March 12, 2022

◆ Join us **this weekend** for in-person **worship** on Saturday, March 5 at 5 PM and Sunday, March 6 at 8:30 and 10 AM. We will livestream only the Sunday 10 AM service. Despite the statewide mask mandate ending on February 16, 2022, St.

Andrew's is continuing to request that **everyone, regardless of vaccination status, wear masks while gathered indoors** on our campus. Our council and pastoral leadership will continue to monitor COVID numbers and will revise this policy when it is appropriate to do so. We appreciate your care for those unable to be vaccinated or who may be medically at risk.

◆ **Altar Flowers** this weekend are given by Kathy Hall in memory of LaVone Blake's birthday and given by Lois Yahr in celebration of Bill Holmes birthday and her great granddaughters 5th birthday.

◆ There will be a **Temple Talk** from Brian McClellan on his Extravaganza experience at each worship service this weekend.

◆ **Thrivent** will be here on Sunday, March 6 after each worship service with **FREE Donuts** at a table in the courtyard. Please plan to stop by.

◆ **PreK-5th graders are invited to join us for Sunday School during our 10 am service!** During the season of Lent we will be using the theme "Food Truck Party: On a Roll with God!" Preschoolers will meet in the preschool/nursery area. Older children meet on the courtyard at 10:00. The lesson will end in time for children to join their families for communion at the end of the worship service.

« Worship Volunteers this Weekend »

USHERS

- Saturday 5:00PM- Gayle Sudol
- Sunday 8:30AM- Team "T1"
- Sunday 10:00AM- Russ Mohedano

LECTORS (READERS)

- Saturday 5:00PM- Sara Hench
- Sunday 8:30AM- Team "T1"
- Sunday 10:00AM- TBD

COMMUNION ASSISTANTS

- Saturday 5:00PM- Carol & Larry Sherry
- Sunday 8:30AM- Team "T1"
- Sunday 10:00AM- Mona Nesheim

◆ **Adult Forum** meets via the Zoom platform this Sunday, March 6 after worship (approximately 11:15 AM). The Link to the forum will be posted in the chat box at the end of the Live Stream Sunday and will be included in the weekly email. We are reading and discussing the book *One Coin Found*. A limited number of books are available in the church office for \$17, or you can purchase your own. Contact Meri Jo Petrivelli if you would like one of the books or check the box on the Connection Card. All are welcome to join us for this study!

◆ Scan this **QR code** with your smart phone to get to our website.



St. Andrew's Lutheran Church
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San Diego, CA 92119
Website: standrewslutheran.church
Venmo: @StAndrewsLutheran-Church

Phone: 619-464-4211
Email: Info@StAndrewslutheran.church
Fax: 619-464-4024
Preschool: 619-469-3531

Pastors:
Pastor Manuel Retamoza
Pastor Sarah Sumner-Eisenbraun



- ◆ **Tuesday Morning Bible Study** meets on ZOOM March 8, 2022, at 10:00 AM. Please request the link for the Bible Study on the Connection Card or contact Meri Jo Petrivelli.
- ◆ Join Lori Herman for ***A Matter of Balance*** Wednesdays for 8 weeks, beginning March 9 through April 27 from 3-5pm in the Community Center. This is an award-winning program designed to manage falls and increase activity levels for older adults. Contact Lori at TraumaInjuryPreventi@health.ucsd.edu or call her at (619) 543-3171 and leave a message to register. Space is limited!
- ◆ All are welcome to join us in March for **W.I.N.** (Wednesday Intergenerational Night) **Soup Dinners**, beginning March 9 at 5:15PM. All Soup Dinners include salad and bread. The cost is \$5 per meal. This week, Minestrone Soup for dinner. We hope you can join us!
- ◆ **Confirmation will meet IN PERSON** on Wednesday, March 9 at 5:45PM. Dinner this week (Soup & Bread). Parents, keep in mind that due to the Midweek services beginning this week, confirmation class will be out later, about 8:15PM. Check with Pastor Manuel or Pastor Sarah if you have questions.
- ◆ Join us for **Yoga with Saige** this Wednesday, March 9 at 5:00 PM upstairs in the Community Center. This yoga class is for all ages and abilities. Please bring a mat or blanket and water.
- ◆ Our mid-week Lenten services will focus on hunger in our community and world, with the theme, "Manna in the Wilderness." We will hear from speakers from organizations who work to feed the hungry, including T.A.C.O., The Cupboard on 54th, Monie & Mo's Food Pantry, and ELCA World Hunger. Make plans now to attend **Lenten Worship** on the following dates at 7:00PM in the Sanctuary- March 9, March 16, March 23, March 30, and April 6.

- ◆ We are grateful for the **financial support** provided throughout the year, but especially during this challenging time. You can make a contribution via the donation tab on our website, mail us a check, drop a check into our office mail slot, or use Venmo.

Income through February, 2022:	\$128,513
Expenses through February, 2022:	\$113,266
Difference:	\$15,247

- ◆ Help feed hungry people during this season of Lent. St. Andrew's is partnering with Lasagna Love San Diego for a **Drive-Thru Lasagna Distribution Event** in our Lake Murray parking lot on March 19 12-2pm. To sign up to prepare and donate lasagna go to <https://lasagnaloveportal.org/registration> Please contact Pastor Sarah with any questions.

PRAYER MINISTRY



PLEASE KEEP THE FOLLOWING IN YOUR PRAYERS:

Peace in Ukraine: Richard Palmer
Successful Surgery & Healing: Jack Geitz

PRAYERS & SQUARES MINISTRY (PRAYER QUILTS)



How You Can Request a Prayer Quilt: You can request a prayer quilt by calling Stephanie Alexander, the church office or online at our website, standrewslutheran.church